

Appetisers

Garlic Bread	£3.25
Garlic Bread with cheese	£3.65
Garlic Bread with tomato	£3.65
Garlic Bread Messicana (Tomato, chillies and onions)	£3.85
Bruschetta Toasted Italian bread topped with tomatoes, basil, garlic and olive oil	£3.65

Antipasti

Gamberoni Orientali Prawns cooked with lime, garlic, ginger and chillies served on a crostini with a rocket garnish	£7.50
Costolette di Maiale Spare ribs with homemade barbeque sauce	£5.10
Fegatini di Pollo Chicken livers sautéed with onions, chillies, white wine, garlic and peppers	£5.75
Calamari Fritti Deep fried squid rings coated in five spices and served with a basil and lime mayonnaise	£5.95
Pasticcio di Fegato Chicken liver and marsala pate served with garlic ciabatta	£4.95
Formaggio di Capra (V) Grilled goat's cheese served on roasted mixed peppers and ciabatta with and olive oil and balsamic dressing	£5.75
Funghi all'aglio (V) Mushrooms baked in white wine, garlic butter and lemon juice topped with breadcrumbs	£4.95
Crochette di Pesce Smoked haddock fishcake served with hollandaise sauce	£5.20
Zuppa Del Giorno Soup of the day	£3.90
Insalata Alla Caprese (V) Buffalo mozzarella, beef tomatoes, olive oil and basil	£5.50
Melanzane Alla Parmigiana (V) Aubergine baked with tomato, basil and mozzarella	£5.25
Insalata Di Avocado Avocado and crispy pancetta served on baby spinach with a mustard dressing	£6.50

Paste

Half portions available as a starter	£5.95
Spaghetti Allo Scoglio Spaghetti with mixed seafood and shellfish finished with white wine and tomato	£8.95
Penne Alla Romano (V) Tubes of pasta with plum tomatoes, aubergine, peppers, black olives, basil and goats cheese	£6.90
Penne All'Arrabiata Tubes of pasta in a tomato sauce with chillies, onions and hot salame	£7.55
Risotto Ai Funghi (V) Arborio rice with wild and porcini mushrooms	£7.95
Risotto Marinara Arborio rice with scampi, prawns, scallops, saffron and rocket leaves	£8.95
Cannelloni Ripieni Rolls of pasta filled with meat, tomatoes and spinach, oven baked in a béchamel sauce	£6.95
Lasagna Al Forno Layers of pasta with bolognese and béchamel	£7.65
Penne Al Salmone Pasta with fresh and smoked salmon in a tomato, cream and dill sauce	£7.95
Rigatoni Gorgonzola Tubes of pasta with gorgonzola, crispy bacon, tomato and a hint of chilli	£7.95
Spaghetti Carbonara Spaghetti in a creamy sauce with crispy bacon, egg and black pepper	£7.65
Tortellini (V) Pasta parcels filled with ricotta and spinach served with a mushroom and cream sauce	£7.95
Fettucine con polpette Flat ribbons of pasta with homemade spicy meatballs with a rich tomato and onion sauce	£8.50

Set Lunch Menu

£8.95
For 2 Courses & a coffee

£5.95
Any pizza or pasta from the lunch menu

Pizza

Margherita (V) Tomato, mozzarella and oregano	£6.50
Calabrese Spicy hot salami, onions, peppers, chillies, tomato and mozzarella	£8.20
Capricciosa Ham, mushroom, tomato and mozzarella	£7.95
Vegetariana (V) Mixed grilled vegetables, tomato and mozzarella	£7.65
Fiorentina (V) Spinach, egg, tomato, mozzarella and parmesan	£7.95
Hawaiana Ham, pineapple, spicy salami, tomato and mozzarella	£7.85
Tonno e Cipolla Tuna, red onions, black olives, tomato and mozzarella	£7.65
Calzone Folded pizza with mozzarella cheese, tomato and 3 fillings of your choice	£8.50
Gamberoni Crayfish, onions, peppers, chillies, tomato and mozzarella	£8.25
Caprina (V) Goats cheese, spinach, asparagus, tomato and mozzarella	£7.95
Gorgonzola Gorgonzola cheese, Parma ham and rocket leaves	£8.25
Piccante Chicken marinated in Cajun spices with red onions, peppers mozzarella and tomato	£7.95

Side Orders

Side orders £3.20 each

Hand cut chips

Mixed House salad
with an olive oil and balsamic vinigar dressing

Tomato & red onion salad
with extra virgin olive oil

Rocket & Parmesan salad

Mixed vegetables

New potatoes

Secondi Piatti

All served with seasonal vegetables

Filetto Di Branzino Whole seabass with cherry tomatoes and an olive oil, lemon and herb dressing	£14.90
Salmone Al Forno Salmon fillet oven baked with vine tomatoes and salsa verde	£14.50
Vitello Alla Milanese Veal coated in breadcrumbs served with spaghetti in a tomato sauce	£15.50
Girello D'Agnello Lamb rump served with mashed potato and a red wine and rosemary sauce	£15.95
Pollo Al Funghi Chicken breast with shallots, mixed mushrooms, white wine, cream and fresh tarragon	£13.50
Pollo Cacciatore Chicken breast roasted with cherry tomatoes, garlic, shallots, basil and mascarpone	£12.95
Pollo Caprino Chicken breast filled with goats cheese and sun – dried tomatoes baked with vine tomatoes finished with olive oil and balsamic dressing	£13.95
Medaglione Di Manzo Fillet steak with a wild mushroom and red wine sauce	£16.50
Filetto Di Maiale Saltinbocca Pork fillet topped with fresh sage and Parma ham with a marsala sauce	£14.50
Filletto Al Pepe Fillet steak cooked in a peppercorn sauce	£19.95
Bistecca Di Manzo Al Ferri Traditional grilled sirloin steak served with a grilled garnish and hand cut chips	£16.95

[v] = suitable for vegetarians

Please visit our website for more information on our menus & latest offers

www.tiggis-stannes.co.uk